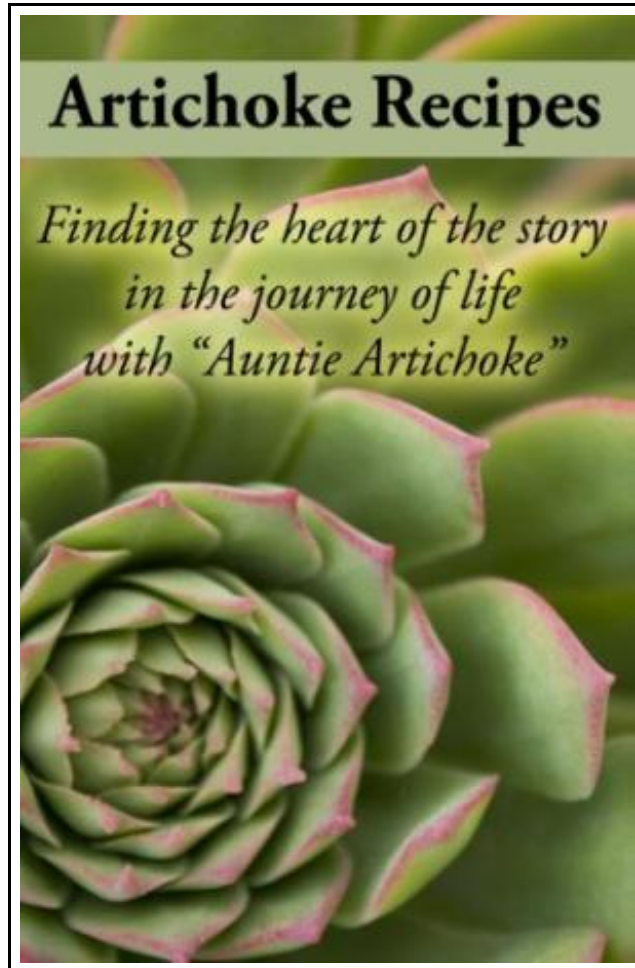


## The Artichoke Recipe Book



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### **Reviews**

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*(Dorothy Daugherty)*

## THE ARTICHOKE RECIPE BOOK



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Createspace, United States, 2012. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Hello from beautiful Montana, As a global speaker and writer on family issues, I am frequently asked why I would have chosen an artichoke as my logo. What does parent education and artichokes have in common? You will find the answers in other essays included in this little recipe, history and philosophy book. In addition to the yummy treasures in the recipes, I want to share my enthusiasm for finding the heart of the story in the journey of life. My message focuses on Respect, Resilience and Responsibility, all qualities that the artichoke and those grow and eat them have. Three Important Lessons Part of my community volunteerism is hearing and recording end-of-life stories for Hospice. It is such an honor to share that space between worlds and gain from the wisdom of the dying. According to a study done and my own experience, the three things most dying people regret are: They wish they would have risked more. My mother said she chose the known and the unknown would have been fine. How many people are intimidated by the artichoke and miss the delectable pleasure because they were too afraid to ask how to cook and eat them? They wish they would have reflected more. Just stopped along the way to think Is this the kind of person I want to be? Is this really what I want to do with my life? What would make me happier? They wish they would have contributed more. One man told me that he wished he would have shared his wisdom with his sons. Another said she wished they would have had more people over for dinner and not worried about the...



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