



## The Threefold Death, Mindfulness: Wakening to the Law of Reversibility: Quick Guides to Ancient Wisdom Series, No 3

By Paul C Burr Phd

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.You pass through three portals (reframes to life) to journey to spiritual wakefulness (in modern-day speak, mindfulness). The Threefold Death, found in The Life of Merlin and other ancient texts, serves as an allegory of these three fundamental reframes. I have not found an explicit definition anywhere else (that connects the literal with the symbolic and core meanings) of The Threefold Death. Hence, my passion to write this booklet. MINDFULNESS: WAKENING TO THE FRAMEWORK OF WHAT-IS AND WHAT-IS-NOT Manifesting is not attracting. It s creating something that s already there, yet unseen, a vibration. We aren t solid beings living on this planet; instead this planet is a collection of energies which penetrate each other. - Hina Hashmi Now add the paradox of duality. For something to be present, not-that-something also exists, at the same time. For example: when you attempt to persuade (or sell something to) someone, they may say, yes (success) or no (not-success). You know the shape of a building because the air around it is not-that-building. So how can you apply...



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