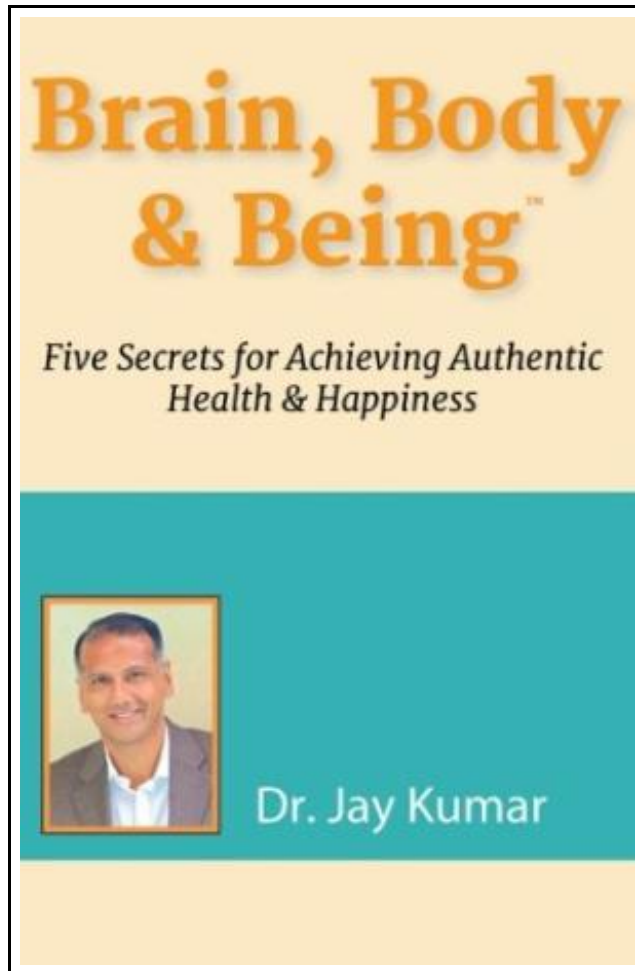


## Brain, Body Being: Five Secrets for Achieving Authentic Health and Happiness



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